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**Difficult conversations**

How do you handle difficult conversations? We face difficult conversations every day with people around us such as our family, friends, and neighbors. These conversations may be about topics such as race, religion, and politics, topics which often force us to think about difficult or controversial issues. It is true there are some people who have problems dealing with such issues in conversation. Some people don’t really like to talk unless they really need to communicate important information. Others who are new to a country may feel shy about talking because their language skills are still weak. From my research, I found a website which debates conversation problems. It is called, “Mistakes we make in difficult conversations” (straight-talk),” so I have decided to talk about many situations which make   conversation difficult. Common problems include people talking too much, blaming the other person and thinking they know all the facts.

People often talk too much when they are faced with a difficult conversation; as a result, they talk around it, not being   specific, trying to be polite, hoping the other person will somehow pick up our meaning and show a nice way to behave. The website tries to help us understand that if people talk a lot that would be a bad way to start talk to others. Here is a quote from the website: “If you use lots of words, however, it is more likely that you will say something exaggerated or seem accusing and provoke a defensive reaction.” This is definitely true because if people listen to you but don’t feel like you are saying anything clear or specific, they will probably get upset. So what we can do to avoid this problem is to decide in advance what we need to say, then choose a simple way of saying it. Then other people will want to ask us questions to learn more, and we will more easily be able to continue explaining our ideas.

Another problem people have in conversation is to blame the other person for the difficulty the two might be having. It is tempting to see every problem as the other person’s fault.

They would perform to agreed standards; also they can stick to the rules, to do what they promised. The website says a nice sentence which makes people think about it seriously. “The fact is that if you are part of the situation, you are in the same way also part of the problem” (straight-talk). What they said is totally true because if we start blame others we are in the same position for them or we could be a part of this problem. So before we start blaming any one, let’s blame our self and see how we can feel. That will help to fix the problem. Then we can start to blame them in the nice way with nice words without hurting them. It helps them understand what is their mistake and it helps to realize and fix the problem.

On the other hand, people think they know all the facts. We are usually convinced that we have got all the facts and they are the true facts, and we are trying to convince other to agree with us about these facts when we start a conversation. In the same way the website tells us to “Know all the facts in a complex conversation” (straight-talk). So people have to go into the conversation prepared to listen to and consider the other person's viewpoint because usually that will help both side if they have an idea.

In conclusion, I can say all those discussions normally come up into our life and they happen between families, which let us understand how the situation looks if we want to speak with others. My older brother usually trying to advise me about what he had experienced when he was younger. I accept that but what I don't like it when he talks too much. Also, I heard one of my friends got blamed from his mother because she wanted him to be smart, and she compared him with his brother. So that will lead to let them hate each other. Always when I was younger I heard that word many times: you are too young. You don't need to know about that let go and stop searching to get know to what that is. Sometimes the conversation can help to let you learn something new and sometimes not.